



SPRING 2026
March 30 to June 21

SAINT-RAYMOND COMMUNITY CENTRE



CONTACT

5600 Upper Lachine Rd., Montréal, Québec H4A 2A6
(514) 872-1765
membres.centrestraymond@gmail.com

REGISTRATION TO ACTIVITIES

REGISTRATION INFORMATION

Fees must be paid in full upon registration using one of the following:

ONLINE

- Scan the QR code
- Visit our website: cjndg.org
- Click on the name of the activity of your choice in the booklet or [click here](#)

CONTACT US

- By phone: (514) 872-1765
- By email: membres.centrestraymond@gmail.com

IN-PERSON

- 5600 Upper Lachine Road, Montréal, Québec H4A 2A6



All taxes are included.

CANCELLATIONS

- Programs with insufficient registration may be cancelled, all participants will receive a full refund.

REFUND POLICY

- All refund requests must be submitted in writing.
- A full refund will be issued for requests received prior to the start date of the program.
- No refunds will be issued as of the first week of the program unless a valid medical note is submitted, in these cases, a pro-rated refund will be issued.

PROGRAM TRANSFERS

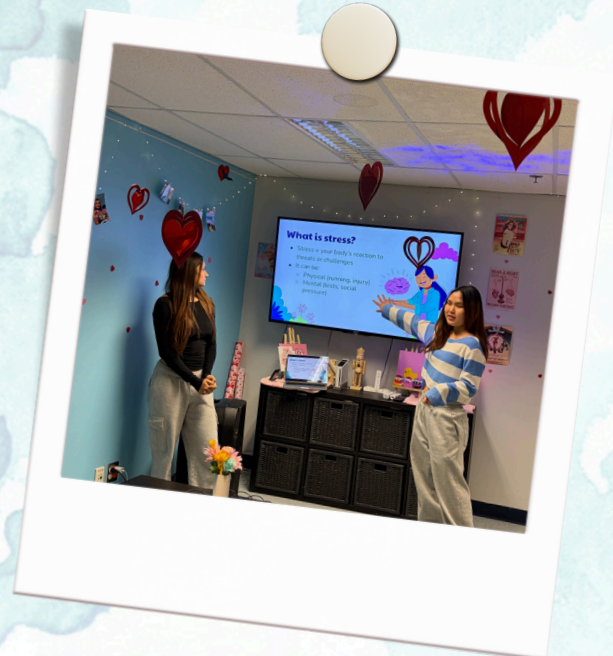
- All transfer requests must be submitted in writing.

ACTIVITIES FOR CHILDREN (6-12 YEARS OLD)

DATES	SCHEDULE	PRICE
AFTER SCHOOL PROGRAM		
March 30 to June 19 <i>*Excluding April 6 and May 18</i>	Weekdays, 3:00 pm - 6:00 pm	\$150 / session or \$75 / April \$60 / May \$45 / June
OPEN GYM (0-12 YEARS OLD)		
April 1 to June 19	Wednesdays, Fridays, 6:00 pm - 7:30 pm	Free
ART CLUB (5-9 YEARS OLD)		
April 8 to June 17	Wednesdays, 6:00 pm - 7:30 pm	Free <i>**Registration required</i>
SOCCER (9-12 YEARS OLD)		
April 9 to May 7	Thursdays, 6:00 pm - 7:30 pm	Free <i>**Registration required</i>
MOVIE NIGHTS		
April 24: Zootopia 2 May 29: Moana 2 June 19: Elemental	Last Fridays of the month, 6:00 pm - 8:00 pm	Free <i>**Registration required</i>

ACTIVITIES FOR TEENS (13-17 YEARS OLD)

DATES	SCHEDULE	PRICE
OPEN GYM		
May 31 to June 19	Tuesdays, 6:30 pm - 8:00 pm Fridays, 7:30 pm - 9:30 pm	Free
GIRLS' GROUP		
March 31 to June 16	Tuesdays, 6:00 pm - 8:00 pm	Free
SWIFT ZONE		
April 8 to June 19	Wednesdays, Thursdays, Fridays, 6:00 pm - 8:00 pm	Free



FAMILY ACTIVITIES

DATES	SCHEDULE	PRICE
FAMILY BADMINTON		
May 30 to June 15 <i>*Excluding April 6 and May 18</i>	Mondays, 6:00 pm - 7:30 pm	Free
FAMILY FUN TIME		
April 18 May 16 June 13	Saturdays, once a month <i>***More information to come</i>	Free <i>**Registration required</i>



ACTIVITIES FOR ADULTS (18+ YEARS OLD)

DATES	SCHEDULE	PRICE
PICKLEBALL		
March 30 to June 15 <i>*Excluding April 6 and May 18</i>	Mondays, 8:00 pm - 9:30 pm	\$5 / drop-in
BASKETBALL (18-25 YEARS OLD)		
March 31 to June 21 <i>*Excluding April 5 and 12</i>	Tuesdays, 8:00 pm - 9:30 pm Sundays, 7:30 pm - 9:30 pm	Free
GROOVE WITH NADINE JOY		
April 7 to May 26 (8 classes)	Tuesdays, 7:00 pm - 8:00 pm	\$65 / session \$10 / drop-in
HATHA YOGA WITH RAQUEL - NEW !		
April 8 to May 27 (8 classes)	Wednesdays, 7:00 pm - 8:00 pm	\$65 / session \$10 / drop-in
BADMINTON		
April 2 to June 18	Thursdays, 7:30 pm - 9:00 pm	\$5 / drop-in

DROP-IN

Please note that all drop-in programs are not on the Amilia platform, they are payable in cash only.

ACTIVITIES FOR SENIORS (50+ YEARS OLD)

DATES	SCHEDULE	PRICE
N.D.G. COMMUNAUTÉ ACTIVE		
April 1 to May 6	Wednesdays, 9:00 am - 10:00 am	Free
BASKETBALL		
April 1 to June 17	Wednesdays, 7:30 pm - 9:30 pm	\$5 / drop-in
LINE DANCING		
Du 9 au 30 avril (4 cours)	Thursdays, 6:30 pm - 8:00 pm	\$30 / session \$10 / drop-in

DROP-IN

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